

CID Management announces the adoption of ACOEM's new opioid guidelines for their AVERT narcotics management program

WESTLAKE VILLAGE, Calif., Feb. 18, 2014 /PRNewswire-iReach/ -- Comprehensive Industrial Disability Management (CID) announced today that they are fully prepared to incorporate the upcoming release of ACOEM's new opioid guidelines as part of their Avert Narcotics Management Program (NMP). ACOEM's new guidelines are based on the most current scientific literature and addresses opioid use in both acute and chronic treatment.

Kurt Hegmann, MD, MPH, Professor at the University of Utah and Chair of the Occupational Medicine Department, recently presented at the University of Utah's Compensable Disability Forum. His presentation described the rigorous development process of the new ACOEM opioid guidelines involving: the participation of twenty-six medical professionals, a review of 960 scientific references, and a structured process for ranking and categorizing the individual guidelines.

A few key highlights:

- ACOEM's new guidelines address both acute and chronic treatment.
- The research shows no link between opioids and improved function.
- The research reveals no support for the use of opioids while performing safety sensitive jobs.
- The maximum recommended dosage is 50 Morphine Equivalent Dosage/day (MED), a significant reduction from the ~120 MED recommended by most other guidelines.
- Random drug screening is recommended 2-4 times per year.
- There is no research showing that opioid use for acute pain is superior as compared with NSAIDs.

Avert NMP is CID Management's response to the epidemic narcotic problem found in today's workers' compensation industry. It is a narcotics management program in which physician reviewers help employers identify, manage, and control opioids and other high cost prescriptions on their claims.

Dr. Todd Andrew, Director of Clinical Operations at CID, stated, "Incorporating ACOEM's new opioid guidelines into CID's Avert NMP provides our physician reviewers with the most current scientific research to complement their clinical expertise. This evidence-based approach allows our physicians to communicate with treating doctors regarding best practices in appropriate narcotics use and to help eliminate opioid misuse."

"CID's 11-year-plus history in developing physician-based clinical solutions has helped to address the opioid problem in workers' compensation. Our clients have found Avert NMP to be

an integral part of their overall narcotics management strategy," said Steven Cardinale, Co-Founder and Managing Director of CID Management.

About CID Management

Based in Westlake Village, California, and serving workers' compensation payers nationally, CID Management is a workers' compensation utilization management company that offers a unique range of services collectively known as The Clinical Experience. Under The Clinical Experience, CID provides utilization review, peer review, and peer-to-peer physician case management. In addition, CID also offers Apex, their automated guideline program. Contact CID at info@cidmcorp.com or 866-301-6568.

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